



HOLMES PLACE

REGULATIONS

1) These terms and conditions regulate the "It's your turn!" Contest, starting on 1 September 2019 and ending on 30 September 2019, promoted by HP Health Clubs Portugal SA with head office at Rua Quinta da Fonte, Edifício Fórum, Q34, Complexo Quinta da Fonte, 2770-192 Paço de Arcos, Portugal, share capital of €5,000, registered at Cascais Commercial Registry Office under the sole registration and legal person number 501213031.

2) This contest is only valid for users who submit their participation on the contest website, accepting to this end and consequently all the conditions described in these regulations.

The contest takes place online and will be available to the public at <https://changinglives.holmesplace.com/pt/en/>
To begin the game, the participant should click on the "It's your turn!" button, and register yourself, providing the following information: Name, Email, Photo and Phrase

3) PRIZE

1 ANNUAL PAYMENT: the participant with the best phrase (phrase and not paragraph) receives 1 year free of charge at a Holmes Place gym.

1 HALF-YEARLY PAYMENT: the participant with the 2nd best phrase wins 6 months free of charge at a Holmes Place gym.

1 QUARTERLY PAYMENT: the participant with the 3rd best phrase wins 3 months free of charge at a Holmes Place gym.

Each player can only win one of the prizes.

The prizes cannot be converted into money and cannot be accumulated with any other prize.

4) DURATION OF THE CONTEST

The contest enters into force on 3 September 2019 and ends at 23:59 hours on 30 September 2019.

5) CONDITIONS OF PARTICIPATION

5.1) Only those who fully meet the following conditions will be considered eligible for the final prize:

a) Complete all the fields of the contest.

b) Authorise Holmes Place to use the data provided during participation;

c) Click on "SEND"

5.2) Only participations of members aged above 16 years old and resident in Mainland Portugal will be considered valid.

6) SELECTION OF THE WINNERS

After the list of participants who meet all the conditions described in subparagraph 5, a selection panel composed of two staff members of HP Health Clubs Portugal SA will choose the phrase (phrase and not paragraph) based on criteria of originality and creativity.

7) DISCLOSURE OF THE NAME OF THE WINNERS

The names of the winners and their participation phrases will be disclosed on 17 October 2019 on the Facebook page of Holmes Place PT.

The winners will also be contacted by telephone to be informed of the outcome of the contest and arrange the data on which they can begin to use the prize. If we are unable to contact the winner(s) and the winner does(do) not claim the prize within 7 days counted from the publication date of the names of the winners, the prize will be awarded to the participant in the following place, and so on successively until we manage to award 3 participants.



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8) PRESENTATION OF THE FINAL PRIZE

The final prizes will be presented directly to the winners by HP Health Clubs Portugal SA.

9) Any non-compliance with the conditions stated in the Regulations will give rise to the exclusion of the participants and to refusal to award the final prizes even if the names of the participants have already been disclosed as being the winners of the prizes. All participations that, in particular, are in one or several of the following conditions will be excluded, without prior notice, from participating in the contest:

- a) participation using false, inaccurate or incomplete personal data;
- b) suspicion of manipulation, modification, elimination or erasure of data or computer programmes associated to the contest with the intention of incorrectly or unfairly influencing it for the other participants;
- c) suspicion of use of computer programmes, or any other technical schemes and gimmicks (commonly known as hacking or cheating), enabling automatic or other types of participation in order to increase the scores;
- d) suspicion of multiple participation by the same individual, even if with different registration data.

10) Participation in the “It's your turn!” contest is prohibited to all employees of HP Health Clubs Portugal SA and its partners involved in this contest.

11) HP Health Clubs Portugal SA reserves the right to change these regulations at any time, with such changes taking effect after their publication on the pages of Holmes Place, social networks used by the brand or other link previously designated and disclosed by HP Health Clubs Portugal SA.

12) HP Health Clubs Portugal SA reserves the right to modify or suspend the contest at any time in the event of information technology anomalies or in the event of the occurrence of actions that could indicate the committing of criminal offences.

13) Participation in this contest presumes the knowledge and full acceptance of these terms and conditions; therefore, HP Health Clubs Portugal SA reserves the right to reject the participation of any member who does not comply with them

14) Any exceptional situation, not foreseen in these regulations, will be appraised and decided on by HP Health Clubs Portugal SA.

15) The mere fact of participating in the contest implies the pure and simple acceptance of these regulations.

16) HP Health Clubs Portugal SA reserves the right to subsequently remove all participations that advertise other brands, products and/or services, use defamatory or abusive language.

17) All the data provided at the time of the contest (name and e-mail) could be used for commercial purposes by HP Health Clubs Portugal SA.

18) HP Health Clubs Portugal SA will not be liable for any incidents that occur after the prize has been awarded. HP Health Clubs Portugal SA will not be liable for any costs associated to use of the prize.



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CONFIDENTIALITY POLICY

1. HP Health Clubs, Portugal, S.A. (HP), NIPC 503.640.573, with head office at Quinta da Fonte, Edifício Fórum Q34, Piso 1, Complexo Quinta da Fonte, 2770-192 Paço de Arcos, is Responsible for the Processing of the personal data that are provided by the participants in the “It’s your turn!” contest.
2. HP has voluntarily appointed a Data Protection Officer who can be contacted through the following e-mail address dataprotection_PT@holmesplace.com
3. The processing of personal data under this contest is based on the consent of the data subject for purposes of (i) registration and participation in the “Win 1 Annual Payment” contest; and (ii) marketing and advertising of HP Health Clubs Portugal SA, namely through the sending of suggested events, products or personalised promotions advanced by HP through SMS and/or e-mails.
4. Data subjects have the right to withdraw their consent at any time, albeit without this compromising the lawfulness of any processing that has already been carried out, to this end using the following e-mail address info@holmesplace.pt.
5. The personal data processed under this contest will not be conveyed to any third parties.
6. Personal data processed for purposes of (i) registration and participation in the contest in question will be kept for the respective duration period; (ii) however, data processed for marketing and advertising purposes will be kept for the period of 5 years.
7. Data subjects have, under general terms, the right to request HP for access, rectification, portability or erasure of their personal data as well as limitation or objection to processing, to this end using the following e-mail address info@holmesplace.pt.
8. Data subjects also have the right to submit complaints to the Portuguese Data Protection Authority (CNPD).
9. Data subjects are not legally or contractually bound to provide their personal data to the entity responsible for processing, where there are no consequences whatsoever for refusing to provide them, although it is necessary for purposes of registration and participation in the “It’s your turn!” contest.